



2009-10 Triathlon Season
Endorsement to race in draft legal events
Category 1: Draft Legal Open. Category 2: Draft Legal Junior

Athlete's name:	
Athlete's contact details:	
Athlete's date of birth:	
Athlete's TA membership number and category:	(eg. Senior Club) Triathletes competing in Draft Legal Triathlon Events in Victoria must hold a TA/TV Membership/Race Licence.
Coach's name:	
Coach contact details: (phone and e-mail)	
Coach NCAS accreditation number and expiry date:	(current Level 2 or Level 3 Triathlon or Level 1 Cycling coach – Coach must be a Registered Practicing Coach – TA or CA insured.)

Coach's statement:

I, (Coach) _____ acknowledge that the athlete, _____ wishes to race in draft legal Triathlon events during the 2009-10 season. Between July 1, 2009 and June 30, 2010, I have witnessed the above athlete demonstrate the skills, listed below and I am satisfied they meet the requirements to compete at a draft legal level. I therefore officially endorse the athlete named. I acknowledge that the entrant will comply with the TA Race Competition Rules regarding their equipment for draft legal events.

The athlete must demonstrate practical knowledge and understanding on the following checklist:

- The concept of overlapping wheels, understand and appreciate that a slight direction change or gust of wind could easily cause athletes to touch wheels and fall.
- Underlapping wheels through corners and the potential dangers.
- Hand position in a bunch, sitting on a wheel whilst having hands on Aerobars reduces reaction time and is not advised.
- Cornering lines, judging whether athlete can pedal around the whole corner or whether it is necessary to lift inside pedal up, cease pedalling and judging when pedal cycles can recommence.
- Reading the bunches reaction to the terrain, understanding when "concertina" and "whiplash" effects occur in the bunch.
- Paceline strategies, ability to peel off and retreat on correct side according to conditions.
- "Swapping Turns" or "Rolling Through", understand the role of pace and retreat lines and anticipating reactions needed by athlete.

Signed: _____
Draft legal Endorsement form 2009-10

Date: _____



Note: Coaches should observe the candidate athlete in a competitive environment prior to completing the checklist for athlete endorsement.
Athletes should register for the winter Triathlon Victoria Duathlon Series to provide endorsing coaches with a suitable competitive environment.

Note: Triathlon Coaches will be held accountable for the actions of their endorsed athletes.
Coaches should be certain that athletes meet all the requirements of endorsement.

A list of Level 2 Triathlon Coaches can be found at:
<http://www.trivic.org.au/coaches.php?page=Coaches>

Category 2: Draft Legal Juniors (16 – 19yrs)

VSSSA athletes applying for National Schools selection. (16 – 18yrs)

Note: Drafting Rules – for the 2009/10 Triathlon Series the following additional rule will apply to Junior athletes 16 to 19years of age.

Junior athletes racing the 16 to 19 age group – may elect to compete in the Junior Draft Legal event. Athletes must be endorsed and paperwork accepted at Triathlon Victoria.

Note: On completing one Draft legal event the endorsed athlete must elect to remain in the Draft category **or** revert back to the 16 to 19 years age group for the remainder of the series. Drafting Endorsement applies to all Draft Legal events.

VSSSA Age Groups – Ages for the School Sport Australia 2009 Championships are taken as the athlete's age at December 31st, 2009.

Athlete's statement

I, _____ understand that racing in a draft legal event as part of a triathlon may have risks associated with it. I acknowledge that I have read and understood the conditions of entry for draft legal events and the procedures relating to racing in a draft legal event.

I understand that:

- I must hold a current Triathlon Australia (same as TriVic – one in the same) membership.
- I must update this endorsement annually, in writing, and provide a copy to the Triathlon Victoria Office and relevant race organisers.
- I must be able to provide my TA membership card and this statement (or copy) when requested, including on race day
- I will comply with Triathlon Australia Race Competition Rules, in particular, regarding equipment for draft legal events.
- I understand that if I do not comply with draft legal event requirements I may be asked to withdraw from the event.

Signed: _____

Date: _____

Signed: _____

Date: _____

Parent or guardian's signature
If athlete is under 18 years of age.

Mail or fax to:
Triathlon Victoria
Monash University
Building U
McMahons Rd
Frankston, Vic, 3199
Fax: (03) 9904 4876